where we used an earlier observation about s and s', the Cauchy–Schwarz inequality, and the fact that

$$\sum_{\substack{s' \in \mathbf{D}_m \\ \mathbf{\omega}_{s'} = \mathbf{\omega}_s}} \left| \left\langle \varphi_s \, | \, \varphi_{s'} \right\rangle \right| \le C \sum_{\substack{s' \in \mathbf{D}_m \\ \mathbf{\omega}_{s'} = \mathbf{\omega}_s}} \left( 1 + \frac{\operatorname{dist} \left( I_s, I_{s'} \right)}{2^m} \right)^{-10} \le C_1 \,,$$

which follows from the result in Appendix B.1. To estimate (6.1.10), we use that

$$\begin{split} \left| \left\langle f \, | \, \varphi_{s} \right\rangle \right| &\leq C_{2} \int_{\mathbf{R}} |f(y)| \, |I_{s}|^{-\frac{1}{2}} \left( 1 + \frac{|y - c(I_{s})|}{|I_{s}|} \right)^{-10} dy \\ &\leq C_{3} \, |I_{s}|^{\frac{1}{2}} \int_{\mathbf{R}} |f(y)| \left( 1 + \frac{|y - z|}{|I_{s}|} \right)^{-10} \frac{dy}{|I_{s}|} \\ &\leq C_{4} \, |I_{s}|^{\frac{1}{2}} \mathcal{M}(f)(z), \end{split}$$

for all  $z \in I_s$ , in view of Theorem 2.1.10 in [156]. Since the preceding estimate holds for all  $z \in I_s$ , it follows that

$$\left|\left\langle f \,|\, \varphi_s \right\rangle\right|^2 \le (C_4)^2 |I_s| \inf_{z \in I_s} M(f)(z)^2 \le (C_4)^2 \int_{I_s} M(f)(x)^2 \, dx.$$
 (6.1.11)

Next we observe that the rectangles  $s \in \mathbf{D}_m$  with the property that  $\xi \in \omega_{s(2)}$  are all disjoint. This implies that the corresponding time intervals  $I_s$  are also disjoint. Thus, summing (6.1.11) over all  $s \in \mathbf{D}_m$  with  $\xi \in \omega_{s(2)}$ , we obtain that

$$\begin{split} \sum_{s\in\mathbf{D}_m} \left| \left\langle f \,|\, \varphi_s \right\rangle \right|^2 \chi_{\omega_{s(2)}}(\xi) &\leq (C_4)^2 \sum_{s\in\mathbf{D}_m} \chi_{\omega_{s(2)}}(\xi) \int_{I_s} M(f)(x)^2 \, dx \\ &\leq (C_4)^2 \int_{\mathbf{R}} M(f)(x)^2 \, dx, \end{split}$$

which establishes the required claim using the boundedness of the Hardy–Littlewood maximal operator M on  $L^2(\mathbf{R})$ . We conclude that each  $A_{\xi}^m$ , initially defined on  $\mathscr{S}(\mathbf{R})$ , admits an  $L^2$ -bounded extension and all these extensions have norms uniformly bounded in m and  $\xi$ . We denote these extensions also by  $A_{\xi}^m$ .

We now explain why  $A_{\xi} = \sum_{m \in \mathbb{Z}} A_{\xi}^{m}$  is well defined on  $L^{2}(\mathbb{R})$  and we examine its  $L^{2}$  boundedness. For every fixed  $\xi \in \mathbb{R}$  and each  $m \in \mathbb{Z}$  there is at most one  $\ell \in \mathbb{Z}$ such that the upper parts of the frequency components of the dyadic tiles

$$s = [k2^m, (k+1)2^m) \times [\ell 2^{-m}, (\ell+1)2^{-m}), \qquad k \in \mathbb{Z}$$

contain  $\xi$ , i.e., they satisfy  $(\ell + \frac{1}{2})2^{-m} \le \xi < (\ell + 1)2^{-m}$ . For a given  $g \in L^2(\mathbb{R})$  let  $g_m = 0$  if no such  $\ell$  exists. For those *m* for which  $\ell$  exists define  $g_m$  via

$$\widehat{g_m} = \widehat{g} \chi_{\left[\ell 2^{-m}, \left(\ell + \frac{1}{2}\right)2^{-m}\right)}$$

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and notice that  $A_{\xi}^{m}(g_{m}) = A_{\xi}^{m}(g)$ . Moreover,  $\widehat{g_{m}}$  and  $\widehat{g_{m'}}$  have disjoint supports if  $m \neq m'$ . We use these observations to obtain

$$\sum_{e \in \mathbf{Z}} \|A_{\xi}^{m}(g)\|_{L^{2}}^{2} = \sum_{m \in \mathbf{Z}} \|A_{\xi}^{m}(g_{m})\|_{L^{2}}^{2}$$

$$\leq C_{5} \sum_{m \in \mathbf{Z}} \|g_{m}\|_{L^{2}}^{2}$$

$$= C_{5} \sum_{m \in \mathbf{Z}} \|\widehat{g_{m}}\|_{L^{2}}^{2}$$

$$\leq C_{5} \|g\|_{L^{2}}^{2} < \infty.$$
(6.1.12)

As already observed, the supports of the Fourier transforms of  $A_{\xi}^{m}(g)$  are pairwise disjoint when  $m \in \mathbb{Z}$ . This implies that  $\langle A_{\xi}^{m}(g) | A_{\xi}^{m'}(g) \rangle = 0$  whenever  $m \neq m'$ . Consequently, given  $\varepsilon > 0$  there is an  $N_0$  such that for  $M > N \ge N_0$  we have

$$\left\|\sum_{N \le |m| \le M} A_{\xi}^{m}(g)\right\|_{L^{2}}^{2} = \sum_{N \le |m| \le M} \left\|A_{\xi}^{m}(g)\right\|_{L^{2}}^{2} < \varepsilon^{2}.$$
 (6.1.13)

Thus the series  $\sum_{m \in \mathbb{Z}} A_{\xi}^{m}(g)$  is Cauchy and it converges to an element of  $L^{2}(\mathbb{R})$  which we denote by  $A_{\xi}(g)$ . Combining (6.1.12) and (6.1.13) we obtain that  $A_{\xi}$  is bounded from  $L^{2}(\mathbb{R})$  to itself with norm at most  $C_{5}$ .

We now address the last assertion about the absolute pointwise convergence of the series in (6.1.8) for all  $x \in \mathbf{R}$  when  $f \in L^1(\mathbf{R})$  and  $\xi > 0$ . For fixed  $x \in \mathbf{R}$ ,  $\xi > 0$ , we pick  $m_0 \in \mathbf{Z}$  such that  $2^{-m_0-1} \leq \xi < 2^{-m_0}$ . We notice that for each  $m \in \mathbf{Z}$  there is only one horizontal row of tiles of size  $2^m \times 2^{-m}$  whose upper parts contain  $\xi$  and thus appearing in the sum in (6.1.8). Moreover, for all the tiles *s* that appear in the sum in (6.1.8), the size of  $\omega_s$  cannot be bigger than  $2^{-m_0}$  since the top part of  $\omega_s$ contains  $\xi$ . Thus if  $I_s = [2^m k, 2^m (k+1))$ , we must have  $m \ge m_0$ . Combining these observations with the fact that  $|\langle f | \varphi_s \rangle| \le ||f||_{L^1} ||\varphi_s||_{L^\infty}$ , we estimate the sum of the absolute value of each term of the series in (6.1.8) by

$$C \|f\|_{L^{1}} \sum_{m \ge m_{0}} \sum_{k \in \mathbf{Z}} 2^{-\frac{m}{2}} \frac{2^{-\frac{m}{2}}}{(1+2^{-m}|x-2^{m}(k+\frac{1}{2})|)^{2}}$$
(6.1.14)

for some constant C > 0. Summing first over  $k \in \mathbb{Z}$  and then over  $m \ge m_0$ , we obtain that the series in (6.1.8) converges absolutely for all  $x \in \mathbb{R}$  and is bounded above by a constant multiple of  $\xi ||f||_{L^1}$ .

## 6.1.2 Discretization of the Carleson Operator

We let  $h \in \mathscr{S}(\mathbf{R})$ ,  $\xi \in \mathbf{R}$ , and for each  $m \in \mathbf{Z}$ ,  $y, \eta \in \mathbf{R}$ , and  $\lambda \in [0, 1]$  we introduce the operators

$$B^{m}_{\xi,y,\eta,\lambda}(h) = \sum_{s \in \mathbf{D}_{m}} \chi_{\omega_{s(2)}}(2^{-\lambda}(\xi+\eta)) \left\langle D^{2^{\lambda}} \tau^{y} M^{\eta}(h) \,|\, \varphi_{s} \right\rangle M^{-\eta} \tau^{-y} D^{2^{-\lambda}}(\varphi_{s})$$