

to be the least index $s > j_2$ such that B_s is disjoint from $B_{j_1} \cup B_{j_2}$. This means that for all indices m (if any) with $j_2 < m < j_3$, B_m intersects B_{j_1} or B_{j_2} .

Having chosen $j_1, j_2, \dots, j_i$, let j_{i+1} be the least index $s > j_i$ such that B_s is disjoint from $B_{j_1} \cup \dots \cup B_{j_i}$. As before the selection procedure ensures that if the index m satisfies $j_i < m < j_{i+1}$, then B_m intersects one of the balls $B_{j_1}, \dots, B_{j_i}$. Since we have a finite number of balls, this process will terminate when an index j_L is found such that for all $m > j_L$ the balls B_m intersect one of the $B_{j_1}, \dots, B_{j_L}$.

We have now selected pairwise disjoint balls $B_{j_1}, \dots, B_{j_L}$. If some B_m was not selected, that is, $m \notin \{j_1, \dots, j_L\}$, as observed before, then B_m must intersect a selected ball B_{j_r} for some $j_r < m$. Then B_m has smaller size than B_{j_r} and we must have $B_m \subset 3B_{j_r}$. This shows that the union of the unselected balls is contained in the union of the triples of the selected balls. Therefore, the union of all balls is contained in the union of the triples of the selected balls. Thus

$$\left| \bigcup_{i=1}^N B_i \right| \leq \left| \bigcup_{r=1}^L 3B_{j_r} \right| \leq \sum_{r=1}^L |3B_{j_r}| = 3^n \sum_{r=1}^L |B_{j_r}|,$$

and the required conclusion follows. $\square$

It was noted earlier that $\mathcal{M}(f)$ and $M(f)$ are never in L^1 if f is not zero a.e. However, it is true that these functions lie in $L^{1,\infty}$ when f is in L^1 .

Theorem 1.4.6. *For any measurable function f and any $\lambda > 0$ we have*

$$|\{M(f) > \lambda\}| \leq \frac{3^n}{\lambda} \int_{\{M(f) > \lambda\}} |f(y)| dy. \quad (1.4.3)$$

Consequently, the uncentered Hardy–Littlewood maximal operator M maps $L^1(\mathbf{R}^n)$ to $L^{1,\infty}(\mathbf{R}^n)$ with constant at most 3^n .

Proof. We claim that the set $E_\lambda = \{x \in \mathbf{R}^n : M(f)(x) > \lambda\}$ is open. Indeed, for $x \in E_\lambda$, there is an open ball B_x that contains x such that $|B_x|^{-1} \int_{B_x} |f(y)| dy > \lambda$. Then $M(f)(y) > \lambda$ for any $y \in B_x$, and thus $B_x \subseteq E_\lambda$. This proves that E_λ is open.

Let K be a compact subset of E_λ . For each $x \in K$ there exists an open ball B_x containing the point x such that

$$\int_{B_x} |f(y)| dy > \lambda |B_x|. \quad (1.4.4)$$

Observe that $B_x \subset E_\lambda$ for all x . By compactness there exists a finite subcover $\{B_{x_1}, \dots, B_{x_N}\}$ of K . Using Lemma 1.4.5 we find a subcollection of pairwise disjoint balls $B_{x_{j_1}}, \dots, B_{x_{j_L}}$ such that (1.4.2) holds. Using (1.4.4) and (1.4.2) we obtain

$$|K| \leq \left| \bigcup_{i=1}^N B_{x_i} \right| \leq 3^n \sum_{i=1}^L |B_{x_{j_i}}| \leq \frac{3^n}{\lambda} \sum_{i=1}^L \int_{B_{x_{j_i}}} |f(y)| dy \leq \frac{3^n}{\lambda} \int_{E_\lambda} |f(y)| dy,$$